

GETTING READY FOR WINTER!

Get ready for... shorter days, indoor gatherings, catch-ups with family and friends...Get winter strong!

We are using "self-book" appointments via a link we send to those eligible to allow you to book an appointment when convenient for you.

These include;

- Flu vaccination -over 65s, under 65's and children's clinics
- Covid vaccination
- Shingles vaccination
- Pneumococcal vaccination

You can also request an appointment via reception if you are unable to book online.

More info: nhs.uk/seasonalvaccinations



The Health Buzz...

Childhood Immunisations

We are holding child-friendly flu clinics for 2-3yr olds during October and will invite those eligible via text.

Flu can be dangerous for young children but it's also more important than ever to keep your child immunised against other infectious illnesses as part of their immunisation programme from birth.

Things you need to know about childhood vaccines:

Do

- protect you and your child from many serious and potentially deadly diseases
- protect other people in your community – by helping to stop diseases spreading
- undergo rigorous safety testing before being introduced
- reduce or even get rid of some diseases – if enough people are vaccinated

Do NOT

- cause autism – studies have found no evidence of a link between the MMR vaccine and autism
- overload or weaken the immune system – it's safe to give children and adults several vaccines at a time and this reduces the amount of injections needed
- cause allergies or any other conditions – all the current evidence tells us that vaccinating is safer than not vaccinating
- contain mercury (thiomersal)
- contain any ingredients that cause harm in such small amounts – but speak to your doctor if you have any known allergies such as to eggs or gelatine

We will continue to provide the best care to your children by offering these appointments in addition to the national recall.

Please continue to attend all appointments and avoid "Anti-Vax" stories on social media -they may not be based on scientific evidence and could put your child at risk of a serious illness.

We encourage all Parents to read further information from trusted Links:

- <https://www.nhs.uk/conditions/vaccinations/why-vaccination-is-safe-and-important/>
- <https://www.who.int/health-topics/vaccines-and-immunization>

LATEST NEWS

Yardley Wood Pharmacy

We would like to offer a warm welcome our new neighbours Yardley Wood Pharmacy (attached to the Surgery building). They offer FREE prescription collection and delivery and a wide range of other services. Please refer to their website. Open Mon - Fri: 8:30- 18:30 -[0121 430 8921](tel:01214308921)

New Members of Staff:

Cheryl- Admin and Reception
Shanaz -HCA

Always Improving Services...

Through our regular PPG meetings, surveys and feedback we learn what matters most to our patients and make changes accordingly.

You said you struggled to make an appointment, particularly in advance at a time convenient for you...

We listened and are currently busy working behind the scenes to make changes to the appointment booking system to ensure all our patients are able to access an appointment at a date and time convenient to them - watch this space!

You said you wanted to be able to attend your own GP surgery for Coil and Implants...

We listened and have a new Women's Health Clinic specialising in long term contraceptives such as coils and implants. Complete a request via <https://florey accurx.com/p/M85018> to discuss options with Dr Sihre in a telephone call.

APPOINTMENTS:

in August 99 GP and Nurse appointments were wasted

CALLS:

In August and September our Reception Team **answered 7224 calls!** The Average wait time was **2.31 mins**

CLOSED:

We are closed from 12:45pm on Wednesday 18th OCTOBER for essential training. If your query is urgent and cannot wait until the next day then please call the surgery and your call will be redirected.



401 Highfield Road. Yardley Wood. B14 4DU

appointments & admin: <https://florey accurx.com/p/M85018>

email: nhsbsolicb.receptionywhc@nhs.net website: www.yardleywoodhc.co.uk twitter: @YardleyWoodHC